| Wednesday , September 27th |         |  |  |   |           |  |  |
|----------------------------|---------|--|--|---|-----------|--|--|
| Time                       | Session | Room   | Presentation Topic/Title   | Speaker(s)  | NRPA CEUs |  |  |
| 8:30 am - 5:               | 00 pm   |  | Registration   |   |           |  |  |
| 8:30 am - 7:00 pm          |         |  | Silent Auction   |   |           |  |  |
| 8:30 am - 7:00 pm          |         |  | Exhibitor Hall   |   |           |  |  |
| 9:00 am -<br>10:10 am      | Block 1 | Gateway I  | Striking A Balance: Planning +<br>Designing Network Capacity         | Drew Pollack-Bruce, Senior Recreation Planner, SE<br>Group<br>Abby Long, Executive Director, Kingdom Trails<br>Association  | 0.1       |  |  |
|                            |         | NorthStar II   | Volunteers: Heart of the Community                                   | Jazmin Averbuck, Development Manager, Alzheimer's<br>Association - VT Chapter   | 0.1       |  |  |
|                            |         | Gateway II   | Deep Dive: A study of Water<br>Safety in Vemont                      | Jess Lukas, Director of Aquatics & Family Programs,<br>Greater Burlington YMCA<br>Abby Beerman, Injury Prevention Coordinator, UVM<br>Medical Center  | 0.1       |  |  |
|                            |         | NorthStar II   | My Rec User Group  | My Rec, Tracey Rivera-Cooper  | 0.1       |  |  |
| 10:10 - 10:3               | 0 am    |  |  | Break   | •         |  |  |
| 10:30 - 11:<br>40 am       | Block 2 | Gateway I  | Using Social Media to Grow Your<br>Movement                          | Christine Hill, Marketing & Communications Director,<br>Northeast Organic Farming Association of Vemont<br>(NOFA-VT) & Primary at TenderWarrior LLC.  | 0.1       |  |  |
|                            |         | NorthStar I  | Outdoor Recreation Development:<br>Looking Back + Planning Ahead     | Morgan Easton, President, Ridgeline Outdoor<br>Collective<br>Angus McCusker, Executive Director, Ridgeline<br>Outdoor Collective<br>Zac Freeman, Owner, Apex Trailworks   | 0.1       |  |  |
|                            |         | Gateway II   | Bridges and gaps between recreation and health                       | Dr. Monika Derrien, Research Social Scientist, USDA<br>Forest Service, Pacific Northwest Research Station<br>Dr. Lee Cerveny, Research Social Scientist, USDA<br>Forest Service, Pacific Northwest Research Station | 0.1       |  |  |
|                            |         | NorthStar II   | Universally Accessible Trail<br>Design + Construction                | Josh Ryan, Principal, Timber & Stone LLC  | 0.1       |  |  |
| 11:40 am - 1               | 2:00 pm |  |  | Break   |           |  |  |
| 12:00 - 1:45               | pm      |  |  | Buffet Lunch + Keynote  |           |  |  |
| 1:45 - 2:00 p              | om      |  |  | Break   |           |  |  |
|                            | Block 3 | Gateway I  | We ARE Strong Together, SAR in the State of Vermont                  | <b>Drew Clymer</b> , Search and Rescue Coordinator, State of Vermont  | 0.1       |  |  |
| 2:00 pm- 3:<br>10 pm       |         | Northstar I  | Get GNARly (Gateway + Natural<br>Amenity Region)                     | Tara Hetz, GNAR Researcher, Gateway and Natural<br>Amenity Region (GNAR) Initiative - Utah State<br>University  | 0.1       |  |  |
|                            |         | Gateway II   | Regional Collaboration for<br>Sustainable Mt. Biking                 | Maura Adams, Director of Community Investment,<br>Northern Forest Center<br>Lil Ide, Director of Communications, Kingdom Trails<br>Association  | 0.1       |  |  |
|                            |         | Northstar II   | Trail Cache- Insights into Building and Maintaining Community Trails | Luke O'Brien, Forest Recreation Specialist, VT Dept. of Forests, Parks & Recreation   | 0.1       |  |  |
| 3:10 - 3:30 p              | om      |  |  | Break   |           |  |  |
| 3:30 pm - 4:<br>40 pm      | Block 4 | Gateway I  | Recreation for Our Aging<br>Community                                | Jazmin Averbuck, Development Manager, Alzheimer's<br>Association - VT Chapter<br>Jordan Catto, Program Manager, Alzheimer's<br>Association - VT Chapter   | 0.1       |  |  |
|                            |         | Northstar I  | The Power of Stories   | Michael Kirschmann, Director, Virginia Beach Parks & Recreation   | 0.1       |  |  |
|                            |         | Gateway II   | Trails: We Get What We Plan For (Together)                           | Mariah Keagy, Trail Designer & Planner, Sinuosity LLC<br>Nick Bennette, Executive Director, Vermont Mountain<br>Bike Association  | 0.1       |  |  |
|                            |         | Northstar II   | 3:30 - 4:05 Better Together:<br>Community Led Health<br>Programming  | Haley Rice, Program and Outreach Manager, Come<br>Alive Outside   | 0.1       |  |  |
|                            |         |  | 4:05 - 4:40 Working Together to<br>Cultivate Healthy Communities     | Suzanne Kelley, Healthy Community Design Program<br>Coordinator, State of VT - Agency of Health   |           |  |  |
| 4:40 - 5:30 pm             |         | Free Time  Check into your hotel room, network with collegues, & don't forget to change into your 80's attire! |  |   |           |  |  |
| 5:30 - 7:00 բ              | om      |  | 0  | pen Bar Social with Exhibitors!   |           |  |  |
| 7:00 - 8:00 բ              | om      |  |  | Dinner  |           |  |  |
| 8:30 PM                    |         | Fireworks  |  |   |           |  |  |
| 9:00 PM +                  |         | Entertainment - Kahoot Trivia  |  |   |           |  |  |

| Thursday, September 28th               |                    |              |   |  |      |  |  |  |
|--|--------------------|--------------|---|--|------|--|--|--|
| Time                                   | Session            | Room         | Presentation Topic/Title  | Speaker(s)   | CEUs |  |  |  |
| 6:00 AM                                |                    |              | Strength 101 w/ Jaz Averbuck  |  |      |  |  |  |
| 7:00 AM                                |                    |              | Contemplating Life Choices w/ Rob<br>Peterson (Firework Debris Cleanup)     |  |      |  |  |  |
| 7:00 AM                                |                    |              | Trail Yoga w/ Abby Long   |  |      |  |  |  |
| 7:30 am - 9:45 am                      |                    |              | Exhibitor Hall  |  |      |  |  |  |
| 7:30 am - 12:00 pm                     |                    |              | Registration  |  |      |  |  |  |
| 7:30 am - 3:                           | 45 pm              |              | Silent Auction Bidding  |  |      |  |  |  |
| 7:30 am - 8:                           | 45 am              |              |   | Breakfast  |      |  |  |  |
| 8:45 am - 9:                           | 45 am              |              |   | Exhibit Hall - Exclusive Time  |      |  |  |  |
| 10:00 am -<br>12:30 pm                 | Workshop           | Gateway II   | Strategic Planning  | Lisa Paradis, Recreation Consultant, BerryDunn   | 0.2  |  |  |  |
| 10:00 am -<br>11:10 am                 | Block 5            | Gateway I    | A roadmap to VT's Outdoor<br>Recreation Economy                             | Jackie Dagger, Program Manager Vermont Outdoor<br>Recreation Economic Collaborative, VT Agency of<br>Natural Resources (ANR)   | 0.1  |  |  |  |
|  |                    | Northstar I  | Both Sides of the Desk: Mutually<br>Beneficial Staffing                     | Kelly Lehman, Assistant Director, Burlington MA Parks & Recreation Emma Jones, Therapeutic Recreation Specialist, Burlington MA Parks & Recreation   | 0.1  |  |  |  |
|  |                    | Northstar II | Planning Together; Trails & Wetlands Can Co-exist                           | Zapata Courage, District Wetland Ecologist, VT Dept. of Environmental Conservation Shannon Morrison, District Wetland Ecologist, VT Dept. of Environmental Conservation  | 0.1  |  |  |  |
| 11:10 am - 11:20 am                    |                    |              | Break   |  |      |  |  |  |
| 11:20 am -<br>12:30 pm                 | Block 6            | Gateway I    | Sustainability: Contribute to<br>Lower Carbon Emission<br>Playground Design | Dr. Suzanne Quinn, KOMPAN Play Institute   | 0.1  |  |  |  |
|  |                    | Northstar I  | Partnerships - The Good, The Bad, & The Ugly                                | Michael Kirschman, Director, Virginia Parks & Recreation   | 0.1  |  |  |  |
|  |                    | Northstar II | Connecting Parks + Trails<br>Through Design                                 | Elena Juodisius, Landscape Designer, SE Group<br>Kelly Stoecklein, Landscape Designer, SE Group  | 0.1  |  |  |  |
| 12:30 pm -<br>2:00 pm                  | Awards<br>Luncheon |              |   | Awards Luncheon  |      |  |  |  |
| 2:15 pm - 3:<br>30 pm<br>3:30 - 3:45 p | BIOCK 7            | Gateway I    | Health Promotion and Wellness for Older Vermonters (Panel)                  | Christine Moldovan, Nutrition and Wellness Director,<br>AgeWell<br>Thomas Simmons, Senior Solutions<br>Madison Gardner, Southwestern Council on Aging  | 0.1  |  |  |  |
|  |                    | Gateway II   | Trail Maintenance   | Grady Vigneau, Trails Manager, Stowe Trails<br>Partnership   | 0.1  |  |  |  |
|  |                    | Northstar I  | The Power of Collaboration to Create Accessibility                          | Kelly Starr, Executive Director, Adaptive Sports CJ Scott, Trails Director, Kingdom Trails Association   | 0.1  |  |  |  |
|  |                    | Northstar II | Partnership Building with UVM's Rubenstein Shool                            | Meghan Young, Experiential and Community-Based<br>Learning Coordinator, UVM Rubenstein School<br>Emily LeForce, Senior Professional Advisor for<br>Experiential Learning, UVM Rubenstein School<br>Final Bidding! Silent Auction | 0.1  |  |  |  |





