



Vermont Recreation and Parks Association

March Quarterly Meeting

Thursday, March 12, 2020 8:30 AM to 2:30 PM

The Board Room, Capitol Plaza & the Vermont Statehouse, Montpelier



--- ASK YOUR LEGISLATORS TO JOIN YOU FOR LUNCH in the Statehouse cafeteria! ---



EDUCATION PROGRAM (0.2 CEU)

Preventing and Addressing Substance Misuse: *What Parks and Recreation Departments Can Do*

Speaker: Liz Blackwell-Moore, MPH, Public Health Consultant, Birch Lane Strategies



New England (HHS Region 1)

PTTC

Prevention Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration



Substance Use Disorder is a problem that impacts every community in Vermont. Towns and Recreation Departments have a unique role to play in preventing and addressing substance misuse. In this workshop, participants will learn what experiences and environments put the developing brain at greater risk for addiction and what research-based strategies could be implemented at a recreation program to help build healthy brains and prevent substance misuse. Participants will also consider strategies to address substance misuse, especially in parks and recreation centers. Participants will have time for discussion and group work with scenarios to deepen their understanding and ability to use the information and will receive a toolkit for guiding changes within their own department.

MEETING AGENDA

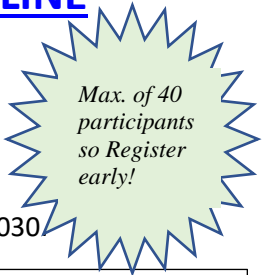
8:15 – 8:30 am	Registration, Refreshments and Networking
8:30 – 9:45 am	Welcome & Education Program Part 1
9:45 - 10:00 am	BREAK
10:00 – 10:55 am	Education Program Part 2
11:00 – 11:45 am	VRPA Business Meeting – <i>all encouraged to stay and participate in meeting!</i>
Noon – 1:00 pm	Lunch at the Statehouse - <i>Make plans to meet your local legislators for lunch. (Go to legislature.vermont.gov (no www.) & type in your community name to find your legislators' contact info.)</i>
1:00 pm	Sit in on the House General Session to hear a VRPA Resolution read on the floor
2:00 pm	Self-guided Tour of the Statehouse or Debrief back in the Capitol Food Court

MEETING REGISTRATION - [CLICK HERE to REGISTER ONLINE](#)

Meeting Registration Fees: \$30.00 (includes morning snack & lunch)
\$20.00 (no lunch)

Please register by Friday, March 6th. Thank you!

Questions or Registration Problems? Contact Jessica Brodie at Jessica@vrpa.org or 802-952-0030



Directions & Parking: The Capitol Plaza is located at 100 State Street in Montpelier. FREE PARKING is available behind the hotel; we will email a parking pass to all meeting registrants and we have permission to remain in the parking lot while we are at the statehouse. When you come into the back entrance of the hotel off the parking lot, take the elevator immediately in front of you upstairs to the Board Room.