



VERMONT
Recreation & Parks Association

SUMMERAMA 2022

Resource Guide

A TRAIL MAP TO OUR FUTURE

the path forward

INTRODUCTION

Staff Training to the Next Level...

A camp-specific training program for new and seasoned staff. Supplement in-house counselor orientation with a robust schedule of hands-on education sessions led by regional camp professionals.

Lasting Benefits...

Summerama is the first step in developing resilient staff and a strong team bond. Your staff will leave feeling empowered and eager to kick off a stellar season!

Covering Important Camp Topics...

With a mix of interactive material suited for all experience levels, every member of your staff can customize the training with selections that pique their interest – hand delivered by experts in the field!

MESSAGE FROM OUR CHAIR

Summer camp is a time for the youth in our communities to experience new opportunities, build confidence in themselves and make new friends along the way. The staff that oversee these programs are such a special and important piece of the overall summer camp experience. Camp counselors and administrators are the glue that hold our summer programs and third spaces together. Summerama is a chance for our amazing summer staff to come together and learn from local professionals about inclusionary practices for campers and staff, managing groups of campers, the best of camp crafts and so much more. We promised you last year that 2022 would be bigger than ever and we weren't kidding. We have moved to a new venue at the Rutland, VT Community Center and have introduced a "Camp for Counselors" portion where you will be a camper and engage in a very fast paced day at camp; learning tips and tricks from some of the states most knowledgeable program directors and counselors.

Wishing you all health and an enriching summer experience,
Jazmin "Bubbles" Averbuck
Girl Scouts of the Green and White Mountains

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Camp Staff

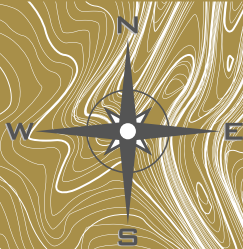
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Join us



Enroll 10+ staff,
**Save \$7/
registration!**

FRIDAY, JUNE 17

SUMMERAMA TRAINING

[Register](#)

TUESDAY, JUNE 14

CONFERENCE WORKSHOP:

"MENTAL HEALTH FIRST AID"

2.5 hrs of pre-course work required

[Register](#)

[Register](#)

FRIDAY, JUNE 17

CPR & FIRST AID TRAINING

**Online pre-coursework and
in-person skills session.**

Select registration option during Summerama registration

\$60/PERSON

DIRECTORS & CAMP LEADERS

VT DEPARTMENT OF HEALTH

Health Guidance for Childcare, Afterschool, & Summer Programs

VERMONT AFTERSCHOOL RESOURCES

ASSOCIATION OF CAMP NURSES : COVID-19 Considerations

A CHANGE IN FOCUS: Improving Lifeguard Vigilance

MEET STAFF WHERE THEY ARE — NOT WHERE YOU WISH THEM TO BE

*"a leader is one
who knows the
way, Goes the
way, & shows
the way"
-John C.
Maxwell*

LET'S GROW KIDS - COVID19 RESOURCES

AMERICAN CAMP ASSOCIATION Field Guide for Camps

COPING WITH STRESS

AMERICAN CAMPS ASSOCIATION: COVID-19 health & wellness

STOP THE SPREAD OF GERMS (POSTER)

RELATIONSHIP-BASED LEADERSHIP: BE MORE THAN A BOSS

STAFF TRAINING RESOURCES



"Leaders don't create followers- they create more leaders"

CDC HEADS UP TRAINING



SAFE SPORT: TRAINING AND EDUCATION SERVICES



MINDFULNESS WEBINAR



5 DANGEROUS THINGS YOU SHOULD LET YOUR KIDS DO



HOW FRUSTRATION CAN MAKE US MORE CREATIVE



LOCAL MOTION TRAINING



WHY GOOD LEADERS MAKE YOU FEEL SAFE



CPR TRAINING COURSE



SOCIAL EMOTIONAL LEARNING WEBINAR



IMPACTFUL ACTIVITIES TO MAXIMIZE ONLINE STAFF TRAINING



IT'S NOT FAIR! - THINGS KIDS ARE DEALING WITH IN A COVID-19 CAMP WORLD



9 TED TALKS THAT ANYONE WORKING IN SUMMER CAMP SHOULD WATCH



CAMP STAFF

HOW TO BE A GREAT LEADER

HOW TO SURVIVE
CAMP COUNSELOR
TRAINING



10 WAYS TO BE
THE BEST CAMP
COUNSELOR EVER



6 HABITS OF
GREAT
COUNSELORS



5 MYTHS ABOUT
WORKING AS A
CAMP
COUNSELOR



10 TIPS EVERY
SUMMER CAMP
COUNSELOR NEEDS
TO KNOW



*"I went to
camp
expecting to
make friends.
I ended up
with family."*

CAMP STAFF

HOW TO BE A GREAT LEADER CONT'D



**SELF-CARE IN A CAMP
ENVIRONMENT: A
SURVIVAL GUIDE**



**STAFF CULTURE:
SKIPPING A SEASON
WITHOUT SKIPPING
A BEAT**



**CHALLENGING YOUR
COMFORT ZONE**



**DEVELOP YOUR
SKILLS AT CAMP**





CAMP STAFF

LUNCH
DOODLES WITH
MO WILLIAMS



COLORS OF
NATURE



ARTS & CRAFTS

UPCYCLED MILK
JUG CRAFT



250+ CREATIVE
ACTIVITIES AND
CRAFTS



VERMONT
AFTERSCHOOL
SUMMER ACTIVITY
GUIDE



CAMP STAFF

CREATIVE CAMP GAMES & ACTIVITIES

"Being a counselor is the closest thing to celebrity status I will ever achieve"

**CAMP GAMES
FOR ALL AGES**



**HAPPY CAMPER
LIVE**



**SAM GRAULTY'S
BIG BAG OF
TRICKS**



**WATER BALLOON
VOLLEYBALL**



**ESSENTIAL
CAMPING KNOTS**



**BOREDOM
BUSTING
ACTIVITIES**



**COLOSSAL LIST
OF SUMMER CAMP
ACTIVITIES**



**27 SUMMER
CAMP
ACTIVITIES**



**THE ULTIMATE
SUMMER CAMP
RESOURCE**



**15 BEST WATER
GAMES**



ADDITIONAL RESOURCES

ASSOCIATION FOR EXPERIENTIAL EDUCATION

Lots of videos on activities, hiring practices, and inspirational talks.



BIKE BRAKE LEVER SETUP AND CONTROL



THE UNITED STATES TENNIS ASSOCIATION (USTA)

Scroll to the bottom for a link to Tennis at Home which is fun for those who love tennis and can't play.



ACA NEW ENGLAND

Camp operations guide and camp resources



**MOVING FORWARD
TOGETHER:
SUMMER 2021:**
Camp Is Exactly
What Young People
Need



**CAMPERS OF
DIFFERING
ABILITIES:**
Virtually and
Simultaneously
Reaching Campers
with Varying
Abilities



THANK YOU SUMMERAMA COMMITTEE!



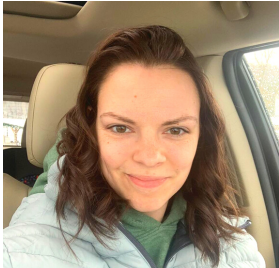
Jazmin Averbeck



Kirsten Santor



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Kelli Millick



Joe Fox



Jess Brodie



VERMONT RECREATION & PARKS ASSOCIATION

The Vermont Recreation and Parks Association is a non-profit organization dedicated to the promotion, development, and improvement of all recreation and park services within the State of Vermont. 400+ members strong, VRPA is committed to providing education, resources, and networking opportunities to professionals and citizen volunteers to assist with their role as advocates for parks and recreation services. We pride ourselves on providing personalized service. We strive to continuously update services based on the needs of members and develop strategies to advance our field.

Member benefits include:

- Continuing Education
- Networking Opportunities
- Membership Directory
- Weekly Check-in e-newsletter
- Event & Program Discounts
- Professional Assistance
- Access to VRPA Resources
- Legislative Advocacy

-Jessica Brodie, Executive Director



VERMONT
Recreation & Parks Association

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